

<b>HOLD DAY OF SURGERY</b>				
Atacand	Cozaar	Esprosartan	Losartan	Telmisartan
Avapro	Diovan	Hyzaar	Micardis	Teveten
Benicar	Edarbi	Irbesartan	Olmesartan	Valsartan
Accupril	Captopril	Mavik	Prinivil	Univasc
Aceon	Enalapril	Moexipril	Quinapril	Vasotec
Altace	Fosinopril	Monopril	Ramipril	Zestril
Benazepril	Lisinopril	Perinodopril	Trandolapril	
Capoten	Lotensin	ORIGIN: Michael Hammen, MD 7/10/2013		

<b>HOLD 1 WEEK PRIOR TO SURGERY</b>				
Alpha-lipoic acid	Echinacea	Ginseng	Kava Kava	St. John's Wort
Acetyl-I	Ephedra	Glucosamine - Chondroitin	Milk Thistle	Vitamin E
Carnitine	Fish Oil	Glutamine	Multivitamins	
Cinnamon	Garlic	Goldenseal	Omega - 3	
Camomile	Ginger	L-Carnosine	Resveratrol	
Creatine	Ginko Biloba	Licorice	Skullcap	

<b>TAKE DAY OF SURGERY</b>			
<b><u>Calcium Channel Blocker</u></b>	<b><u>Alpha Blockers</u></b>	<b><u>Direct-acting Smooth Muscle Relaxant</u></b>	<b><u>Beta Blockers</u></b>
Amlodipine (Norvasc)	Aldomet	Hydralazine (Apresoline)	Acebutolol (Sectrol)
Diltiazem (Cardizem)	Alfuzosin		Atenolol (Tenormin)
Felodipine (Plendil)	Catapress	<b><u>Anti-Anginal</u></b>	Betaxolol (Betoptic)
Nicardipine (Cardene)	Clonidine	Isosorbide	Bisoprolol (Zebeta)
Nifedipine (Adalat, Procardia)	Doxazosin	Imdur	Carvedilol (Coreg)
Verapamil (Calan, Isoptin)	Methyldopa	ISMO	Esmolol (Brevibloc)
	MiniPres	Isordil	Labetolol (Trandate, Normodyne)
	Prazosin	Monoket	Metoprolol (Lopressor, Toprol XL)
	Silodosin	Nitro-Dur	Nadolol (Corgard)
	Tamsulosin	Nitro Stat	Nebivolol (Bystolic)

	Terazosin		Penbutolol (Levatol)
	Trimazosin		Propranolol (Inderal)
			Sotalol (Betapace)
			Timolol Ophthalmic (Timoptic)

## PRE-SURGICAL MEDICATION INSTRUCTION GUIDELINES

Instruct patients to **NOT** take their dose of Angiotensin receptor blocker (ARB) or ACE Inhibitor on the day of surgery.

**Please do NOT take these medications prior to your surgery:**

Hold Phentermine for 2 weeks (14 days) prior to surgery:

- Adipex-P, Suprenza, Lomaira, Adderall

Discontinue these medications 1 week (7 days) prior to surgery:

- Herbal supplements
- Iron supplements
- Vitamin E including multivitamins
- Energy drinks and green tea
- NSAIDS: Aleve, Naproxen, Motrin, Ibuprofen, Excedrin, Mobic, Meloxicam, Indocin, Diclofenac

Discontinue these medications 3 days (72 hours) prior to surgery:

- Naltrexone

Stop taking these medications the day prior (24 hours) to surgery:

- ACE inhibitors (end in “-pril”): benazepril (Lotensin), captopril, enalapril, fosinopril, lisinopril (Zestril), quinapril, ramipril, trandolapril, including combination pills
- ARB (end in “-artan”): candesartan (Atacand), eprosartan (Teveten), irbesartan (Avapro), losartan (Cozaar), omesartan (Benicar), telmisartan (Micardis), valsartan (Diovan), including combination pills
- Medication used to treat ED should be held 24 hours preoperatively: sildenafil (Viagra), tadalafil (Cialis)

Hold (do not take) on day of surgery:

- Diuretics (Spironolactone, Furosemide, HCTZ, Triamterene, Torsemide, Bumetanide)
- All oral hypoglycemic medications (Metformin, Glipizide, Glimiperide, Pioglitazone)

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All other medications you may take with just a sip of water at least 2 hours before surgery.

Please check with the prescribing physician prior to discontinuing medications.

Antiviral, retroviral, and antibiotics should be continued.